

RANT N' RAVEN



2007 Western Canada Summer Games - Team Yukon Newsletter
 Newsletter #9 August 9, 2007

DAY	TIME		EVENT	CATEGORY	SPORT	LOCATION
	START	FINISH				
THU, AUG 9	9:00	14:00	Road Race	All	Cycling	Josephburg – Moyer Rec Centre
	9:00	11:00	YK vs MB	Men	Volleyball	Millennium Hub
	13:00	15:00	YK vs MB	Women	Volleyball	Millennium Hub
	17:00		Long Jump SO Men	Field Event	Athletics	Strathcona Athletic Park
	17:00	19:00	YK vs NWT	Men	Volleyball	Millennium Hub
	19:30		Shot Put men	Field Event	Athletics	Strathcona Athletic Park
	20:15		800m Women	Heats	Athletics	Strathcona Athletic Park
	20:30		800m Men	Heats	Athletics	Strathcona Athletic Park



Medal Count:

GOLD: 0

SILVER: 2

BRONZE: 4

Peddling About with Cycling - Individual Time Trial

The Yukon Cycling Team had impressive results in the individual time trial today. The Time Trial event has riders starting in one minute intervals and racing against the clock. It is a true test of individual strength and determination. The women's course was 15km long and the men's was 23km. The team will compete in the mass start road race tomorrow morning on farming roads just outside of Edmonton.



Women's Results:

- Kelsey Kabanak – 19th Overall (26m:24.4)
- Kaitlyn McDonald – 21st Overall (26m:59.7)
- Kylie Gadsby – 22nd Overall (28m:03.2)
- Coralie Ulliyett – 23rd Overall (28m44.6)

Men's Results:

- Jesse Reams – 12th Overall (32m:41.5)
- Troy Henry – 14th Overall (33m:05.2)





On the Track

Event		Athlete	Place	Time
1500m	W	Brittany Pearson	12 th	5:05.88
	W	Heidi Brook	13 th	5:37.44
	M	Knute Johnsguard	12 th	5:07.57
400m	W	Brittany Pearson	13 th	1:06.34
	M	Rob Westberg	13 th	0:58.62
	M	James Yeulet	14 th	0:58.97
200m SO	W	Mallory Pigage	9 th	1:42.52
	W	Britt Cowper	DQ	
	M	Owen Munroe	9 th	0:32.69
	M	Garry Chaplin	13 th	0:45.44
	M	Janelle Greer	13 th	0:14.12
100m	W	Janelle Greer	13 th	0:14.12
	M	Boris Hoefs	13 th	0:12.48
5000m	M	Rodney Hulstein	6 th	15:47.66
	M	Ray Sabo	13 th	16:48.09

Team Yukon had a busy first day competing in five field events with thirteen of our runners burning up the track. This is the first time many of them ran with spikes and absolutely every athlete set a personal best! Highlight of the day was Rodney Holsteins' 6th place finish in the 5000m.



Medal Count

	Gold	Silver	Bronze	Total
 Team BC	47	30	19	96
 Team Alberta	26	26	38	90
 Team Manitoba	10	20	18	48
 Team Saskatchewan	11	15	14	40
 Team Yukon	0	2	4	6

Volleyball – Calling the Courts

The first day of competition for the women saw them matched up against Alberta & BC, who featured an average starting line-up of over 6 feet tall, compared to our team who average 5 feet, 5 inches. Both opponents were relentless in their offensive attacks and displayed precision blocking skills throughout which proved to be too much for our squad in both matches. Impressive was the Yukon's serving percentages as well as squaring up and passing several hard hit balls on attacks. We are improving with each set and this is proving to be a huge learning experience for everyone. They are certainly enjoying themselves on the court and look forward to the challenges that face them on Thursday as they prepare to play Manitoba.

Women's Final Scores:

Alberta vs. Yukon 25-10, 25-5, 25-7

British Columbia vs. Yukon 25-7, 25-6, 25-10



The Yukon men took to the court this morning playing their first match against Alberta. Our squad of mainly 15 year olds lead by Jake Schneider and Robbie Stuckey, played a noteworthy set against the much older and more experienced 17 year old Albertans. The second match of the day saw Yukon playing Saskatchewan. This was a significant improvement over the morning with two close sets. The men earned many of their points with hard hit kills and stuffed blocks. One incredible kill by Duncan Smith, on a broken play, was the highlight of the night.

Men's Final Scores:

Alberta vs. Yukon 25-12, 25-13, 25-10

Saskatchewan vs. Yukon 25-15, 25-18, 25-7

The boys are looking forward to playing NWT and Manitoba tomorrow.

Weather Watch

Thursday
High 14°C Light Rain
Friday
High 14°C Rain
Saturday
High 19°C Sunny with Cloudy Periods

