

# RANT N' RAVEN



2007 Western Canada Summer Games - Team Yukon Newsletter

Newsletter #8

August 8, 2007

DAY	TIME		EVENT	CATEGORY	SPORT	LOCATION
	START	FINISH				
WED, AUG 8	11:00	14:00	Time Trial	All	Cycling	SP Town Centre
	11:00	13:00	AB vs YK	Men & Women	Volleyball	Millennium Hub
	14:10		1500m Women	Final	Athletics	Strathcona Athletic Park
	14:20		1500m Men	Final	Athletics	Strathcona Athletic Park
	14:45		400m Women	Heats	Athletics	Strathcona Athletic Park
	15:00	17:00	YK vs SK	Men	Volleyball	Millennium Hub
	15:05		400m Men	Heats	Athletics	Strathcona Athletic Park
	15:25		200m SO Women	Heats	Athletics	Strathcona Athletic Park
	15:35		200m SO Men	Heats	Athletics	Strathcona Athletic Park
	15:50		100m Women	Heats	Athletics	Strathcona Athletic Park
	16:05		100m Men	Heats	Athletics	Strathcona Athletic Park
	17:00	19:00	BC vs YK	Women	Volleyball	Millennium Hub
	18:50	19:30	200m SO	Finals	Athletics	Strathcona Athletic Park
	19:30		5000m Men	Final	Athletics	Strathcona Athletic Park

# Welcome Phase Two Athletes



## Medal Count



**GOLD: 0 SILVER: 2  
BRONZE: 4**

### Team Meeting Rooms

If you are interested in booking a meeting room please go through your Village Offices at each of the schools.

### Poly Clinic

**Massage:** This is for injury treatment only, do not abuse this service.

**Taping:** Available from 7:00am to 10:00pm daily. This service will also be available at the food venue from 6:30am to 9:00pm daily. Taping will be available on site on a 'need as necessary' basis.

### Hydration

Practices: Bring your own water bottles  
Games: Water will be provided to the athletes

### Athlete Residence

#### Fire Plan:

**Male Res – Meet on ball field behind the school.**

**Female Res – Meet by the soccer pitch directly behind the school**

#### Cleaning Rooms:

Please clean rooms nightly. Place your garbage outside the door of your rooms as it will be picked up every morning.

**Reminder** to where shoes or sandals (no bare feet) at all times in the residences and **no food will be allowed in the rooms!**

**Remember** you can't go anywhere without your accreditation, so leave it on at all times.

### Weather Watch

**Wednesday**

High 15°C Scattered Showers

**Thursday**

High 18°C Cloudy with showers

**Friday**

High 17°C Variable Cloudiness



Chilli the Chinchilla



