

RANT N' RAVEN



2007 Western Canada Summer Games - Team Yukon Newsletter

Newsletter #10

August 10, 2007

DAY	TIME		EVENT	CATEGORY	SPORT	LOCATION
	START	FINISH				
FRI, AUG 10	10:30		200m Women	Heats	Athletics	Strathcona Athletic Park
	10:45		200m Men	Heats	Athletics	Strathcona Athletic Park
	11:00		100m SO Women	Heats	Athletics	Strathcona Athletic Park
	11:00	13:00	BC vs YK	Men	Volleyball	Millennium Hub
	11:00	13:00	SK vs YK	Women	Volleyball	Millennium Hub
	11:20		100m SO Men	Heats	Athletics	Strathcona Athletic Park
	14:20		200m Women	Final	Athletics	Strathcona Athletic Park
	14:30		200m Men	Final	Athletics	Strathcona Athletic Park
	14:50		100m SO Women	Final	Athletics	Strathcona Athletic Park
	15:00		100m SO Men	Final	Athletics	Strathcona Athletic Park
	15:30		Javelin Men	Field Event	Athletics	Strathcona Athletic Park
	18:00	20:00	5 th /6 th Place Game	Men	Volleyball	Millennium Hub



Medal Count: GOLD: 0 SILVER: 2
BRONZE: 4

Weather Watch

Friday

High 14°C Rain

Saturday

High 19°C Sunny with Cloudy Periods

On the Track

Owen Munroe and Garry Chaplin each recorded Personal Bests (PB) in the Long Jump today as Sean Macdonald tried his hand at Shot Put for the first time in an organized meet. Macdonald put the shot 6.25m from the throw circle to record what is now his PB for future attempts. Heidi Brooke gave it her all in the 800m, as did Jodi Gustafson and they both recorded PB's. Macdonald returned to competition later in the evening joined by Rob Westberg in the men's 800m. Even though they were last to cross the finish line in their heat, it was a 'Chariots of Fire' finish. They gave the crowd something to cheer about right to the end as they were neck and neck to the line.



Rumour has it that Macdonald will have Westberg's track spikes all shined for him by Saturday.

Event		Athlete	Place	Time
Long Jump SO	M	Owen Munroe	9 th	3.39m
	M	Garry Chaplin	12 th	2.00m
Shot Put	M	Sean Macdonald	13 th	6.25m
800m	W	Heidi Brook	13 th	2:45.79
	W	Jodi Gustafson	14 th	3:12.11
	M	Sean Macdonald	12 th	2:15.10
	M	Sean Macdonald	13 th	2:15.60



On the Courts

It was a tough start for Team Yukon today against Manitoba, where the first set went quickly. The third and second set seemed like a different game as the men played point for point, earning each point with strategically placed hits and large wall blocking, until the score hit ten. Then Manitoba pulled away clinching the win in both sets.

It was an epic battle between the two Territories resulting in a game for the ages. The two familiar foes battled smash for smash and dig for dig until Yukon drove the final spike into the coffin of NWT resulting in a Yukon win. Yukon will be playing BC in the morning and NWT again tomorrow to determine 5th placing, the more cheering and the louder it is, the better they play. So come out and cheer them on!

Men's Final Scores:

Manitoba vs. Yukon 25-9, 25-13, 25-12
 Yukon vs. NWT 18-25, 25-16, 25-14, 25-14



The women have been in against very tough competition during the second phase of these games. They came out against Manitoba where again the Yukon was out-sized and under-experienced but were able to keep their energy up throughout the three sets. The girls will play their final game tomorrow facing off against Saskatchewan.

Women's Final Scores:

Manitoba vs. Yukon 25-3, 25-4, 25-4

Medal Count

	Gold	Silver	Bronze	Total
 Team BC	55	43	30	128
 Team Alberta	38	32	47	117
 Team Manitoba	21	27	30	78
 Team Saskatchewan	20	29	22	71
 Team Yukon	0	2	4	6

Cycling – Road Race

Yukon Cyclists tore up the road race course today. The women biked 88km and the men cycled 110km. The route was flat and fast, cruising through rural Alberta farmland. Riders were cheered on by curious horses and dogs that obviously hadn't seen this kind of activity in a while.

Both the Yukon men and women rode with the lead pack for the first part of the race and all finished strong. Troy Henry on the men's team was part of an intense break away group 36km into the race. He finished 4th overall in a sprint to the finish line. Jesse Reams finished 9th as part of the chase group. Kelsey Kabanak rode in the lead pack finishing 11th overall while Kaitlyn and Corillee teamed up with Saskatchewan to lay down an impressive time for the long distance placing 19th and 20th respectively.



Congratulations Yukon Cyclists. You Rock! Team Yukon races in the Mountain Bike event on Saturday.

Beach Dance

There will be a **Beach Themed Dance** featuring **Much Music Video Dance Party** and a variety of beach activities held from **8:00-11:00pm in the Co-ed Lounge.**



Happy 20th Birthday Owen Munroe



GO YUKON!!!!

